



JOURNAL SUBMISSION GUIDELINES

“Our aim is to develop understanding of person-centred creative arts approaches, share practice, build a vibrant APCCA community, hold space for members' voices and promote creativity.”

Congruent with our person-centred and pluralistic philosophy, we are keen to involve a wide range of voices from the APCCA community.

WHEN IS THE DEADLINE?

We aim to produce two editions annually.

The deadline for submission is two months prior to publication.

WHAT TYPE OF WRITING ARE YOU LOOKING FOR?

Firstly, please do read our journal to get an idea of the types of sections we have. We are looking for original work that aligns with our aims above, and have suggested guidelines for types of articles below. If you have an idea or something to say which deviates from our suggestions below, please have a brief chat with Charlotte at editor@apcca.org.uk beforehand. Unlike many other journals, we really welcome creative article submissions – feel free to break the usual rules!

HOW DO I SUBMIT MY PIECE?

You don't need to write the whole thing now. Please complete the journal submission form (available on the APCCA website), outlining your ideas, and send to editor@apcca.org.uk

WHAT FORMAT DO YOU NEED?

Please submit as a Word document so that we can edit. Please use Harvard or APA referencing styles. Images should be .png or .jpg.

CAN I USE MY OWN IMAGES?

We encourage you to provide your own images for articles, although these can be provided if necessary. Our aim is that all images and photographs in the journal are created by APCCA members and friends. Please ensure that you own the copyright for images (or that they are copyright free).

CAN ANYONE WRITE FOR THE APCCA JOURNAL?

Anyone can write for us. We will prioritise APCCA members submissions and voices.



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WHAT ABOUT A WORD COUNT?

As the journal will be published digitally, we have some flexibility with word counts. However, as a rule of thumb, the more succinct you are, the more impact your words will have. We appreciate that some articles will naturally be longer or shorter depending on content.

WILL YOU EDIT MY PIECE?

Possibly. If your article is significantly too long, if we feel it needs additional work, or for any other reason we wish to edit, we will discuss it with you. We aim to help and support you to develop your work for publication, whilst honouring your work.

SUGGESTED GUIDELINES

Journal Articles

Articles will be focused primarily on person-centred creative arts approaches. We encourage you to share your experience, your work and examples of practice (anonymised and with client permission). Articles may also focus on various methods or media for working creatively. We actively welcome creative submissions e.g. art, poems, collages. **1000-1500 words.**

Research

We encourage articles from academics and students about their research projects linked to the person-centred approach to the therapeutic use of creative arts. Although we are not a formal peer reviewed journal, we have three academic reviewers who will apply a light touch peer review process for research articles. We are interested in hearing about your experience and what you have learned. Articles should give an introduction and overview of the research carried out, alongside findings and implications for practice. Usual academic writing conventions are not required - in fact, we encourage a more informal and creative approach to your writing. **Max 1000 words.**

Artwork

Do you have photographs of your own artwork that you are willing to share? Are you a whizz with digital art? Do you wish to create a piece especially for the journal? Art submissions of all styles and media types are welcome! **Please ensure that images are a minimum of 300dpi and are in .png or .jpg format.**



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Events

Have you held any creative arts events you would like to share with APCCA members? Photographs particularly welcome! **100-150 words**

Member Spotlight

We want to hear about the wonderful work you are doing! If you'd like to tell us and other members about your work, please get in touch!

News and Views

Do you have any news or any views relating to professional issues that you'd like to share or discuss? **Up to 300 words**

Creative Prompt

Each edition, we will share a creative prompt and invite you to respond with art and a brief reflection. We encourage you to share your work. **Reflections should be 100-200 words and artwork should be included.** If you have suggestions for future creative prompts, we would love to hear them!

Book Review

Focused on books aligned with promoting mental health, wellbeing and creativity through the therapeutic use of creative arts. **Under 400 words**

Classifieds

APCCA members are able to share events, adverts, jobs and anything else! Listings can be up to 100 words, or a quarter page advert can be submitted. Please complete a classifieds submission form (available from the APCCA website) and email to editor@apcca.org.uk

If your article or submission includes client material, please supply evidence of client approval along with your submission. If your client wishes not to disclose their details to us, signed confirmation from a clinical supervisor, who has seen evidence of client approval, will be sufficient.

**If you have any questions, please get in touch by emailing:
editor@apcca.org.uk**

**BRINGING THE PERSON CENTRED APPROACH TO
THE THERAPEUTIC USE OF CREATIVE ARTS**

www.apcca.org.uk